

## Spot the Hazard – Kitchen



1. Cord of kettle hanging over bench	Scald	<ul style="list-style-type: none"> <li>• Push kettle and other appliances to the rear of the bench</li> <li>• Empty unused boiled water from kettle</li> <li>• Use a cordless kettle or a cord curler</li> </ul>
2. Cleaning products in easy reach under sink	Poisoning Burn	<ul style="list-style-type: none"> <li>• Store cleaners and other chemicals up high and out of children's reach preferably in a cupboard with a child-resistant lock</li> <li>• Choose cleaners and other chemicals in containers with child-resistant lids</li> <li>• Always replace lids immediately even when in use</li> <li>• Never pour chemicals into another container</li> </ul>
3. Child climbing out of highchair	Fall	<ul style="list-style-type: none"> <li>• Always secure child in the highchair using a harness – preferably a five-point harness</li> </ul>
4. Handbag in easy reach of child	Poisoning from medications Burn from cigarette lighter	<ul style="list-style-type: none"> <li>• Always put handbag up high and out of reach – remind visitors also</li> </ul>
5. Handle of frying pan on stove turned out and also unattended	Scald/burn	<ul style="list-style-type: none"> <li>• Always turn pot handles in</li> <li>• Use back jets/elements first</li> <li>• Install a stove guard</li> </ul>
6. Hot drink on edge of table within reach of baby	Scald	<ul style="list-style-type: none"> <li>• Always push hot drink to the centre of the table away from the reach of children</li> </ul>
7. Spilt liquid on floor	Fall, slip	<ul style="list-style-type: none"> <li>• Mop up spills immediately</li> <li>• Teach older children to mop up spills</li> </ul>
8. Dishwasher door open and residue powder in compartment	Poisoning	<ul style="list-style-type: none"> <li>• Always keep dishwasher door closed</li> <li>• Try to empty dishwasher when children not in kitchen</li> <li>• Buy dishwasher tablets that can be thrown in</li> </ul>
9. Dog eating from bowl inside kitchen	Dog bite	<ul style="list-style-type: none"> <li>• Feed dogs outside and always supervise children around dogs especially when dog is being fed. Separate dogs from babies and toddlers</li> </ul>
10. Tablets in easy reach of baby	Poisoning	<ul style="list-style-type: none"> <li>• Store medicines up high and out of reach of children's reach and return to that locked storage place immediately after use</li> </ul>
11. Sharp knife in easy reach on edge of bench	Cut	<ul style="list-style-type: none"> <li>• Store knives and other sharp objects up high and out of reach preferably in a cupboard with a child-resistant lock</li> </ul>
12. Car keys left out on bench (older children may be tempted to pick up)	Multiple injuries in car accident, burning the interior of the car, locking themselves in the car, releasing the handbrake, swallowing the batteries from keyless entry remotes.	<ul style="list-style-type: none"> <li>• Store keys in a safe secure place</li> </ul> <p><b>Safety products that could be added:</b> Gate off the kitchen Fire extinguisher Fire blanket Power point outlet covers Purchase child-resistant locks for the dishwasher, fridge and microwave</p>

## Spot the Hazard – Bedroom

Hazard	Injury	Solutions
1. Baby about to climb over edge of cot using teddy bear as a climbing aid	Fall, suffocation	<ul style="list-style-type: none"> <li>• Use a cot that meets the Australian Standard</li> <li>• Remove bumpers, pillows and other items that may be climbing aids or pose a suffocation hazard</li> </ul>
2. Blind cord hanging over side of cot	Strangulation	<ul style="list-style-type: none"> <li>• Move cot away from window and blind</li> <li>• Shorten blind cord</li> <li>• Place cleat 1.6m from floor and wind blind cord around the cleat</li> </ul>
3. Cot near window	Fall out of window	<ul style="list-style-type: none"> <li>• Move cot away from window – fly screens so not prevent toddlers falling through windows.</li> <li>• Use locks so windows only open 10cm</li> </ul>
4. Helium filled balloon tied to end of cot	Strangulation	<ul style="list-style-type: none"> <li>• Remove balloon from cot</li> <li>• Strings should be less than 30cm</li> </ul>
5. Young child on bunk beds	Fall	<ul style="list-style-type: none"> <li>• Make the rule that bunk beds are not for playing on</li> <li>• Do not allow children under the age of 12 yrs on a top bunk</li> <li>• Ensure that bunk beds meet the current Australian Standard</li> </ul>
6. Teddy bears	Choking	<ul style="list-style-type: none"> <li>• Check toys regularly for loose parts</li> </ul>
7. Toy with sharp part (plane)	Stabbing injury, eye injury	<ul style="list-style-type: none"> <li>• Choose only age appropriate toys for child</li> <li>• Ensure that older children play with toys (that are suitable for their age but potentially hazardous for younger children) away from younger children</li> </ul>
8. Exposed globe	Cutting, piercing injury	<ul style="list-style-type: none"> <li>• Cover globe with a light shade</li> </ul>
<p><b>Safe behaviours in the bedroom</b> Don't dress baby in clothing with ribbons or ties around the neck. All cords, ribbons, dummy strings should be less than 30cm</p>		



## Spot the Hazard – Lounge/Family/Living Room

Hazard	Injury	Solutions
<b>1. Unattended hot iron</b>	Burn	<ul style="list-style-type: none"> <li>• Never leave a hot iron unattended</li> <li>• Use a cordless iron or a cord curler</li> <li>• Separate the child from the hazardous area by putting the ironing board inside the playpen</li> <li>• Iron when the baby is asleep or supervised elsewhere</li> <li>• Store ironing board safely when not in use</li> </ul>
<b>2. Cleaning chemicals in easy reach in clothes basket</b>	Poisoning Eye injury	<ul style="list-style-type: none"> <li>• Choose cleaning products that are less toxic</li> <li>• Choose cleaning products in containers with child resistant lids</li> </ul>
<b>3. Tablets in easy reach on coffee table</b>	Poisoning	<ul style="list-style-type: none"> <li>• Store medicines and chemicals up high and out of children's reach preferably in a cupboard with a child-resistant lock</li> <li>• Always return medicines and chemicals to that safe place directly after each use</li> </ul>
<b>4. Hot fire place in easy reach of child</b>	Burn	<ul style="list-style-type: none"> <li>• Place a guard around the fireplace preferably one that attaches to the wall</li> </ul>
<b>5. Small toys in easy reach of crawling baby (also loose buttons on couch and possibly loose eyes on teddy bear)</b>	Choking	<ul style="list-style-type: none"> <li>• Pickup small toys and other small items and store them out of baby reach</li> <li>• Allow baby to only play with toys suitable for their age</li> <li>• Check toys and buttons on furniture regularly for loose features, stitches etc.</li> <li>• Encourage older children to play with their small toys in another room</li> </ul>
<b>6. Loose change on coffee table</b>	Choking	<ul style="list-style-type: none"> <li>• Store small items up high out of reach and out of sight of young children</li> </ul>
<b>7. Sharp edges on coffee table</b>	Bruising, cutting, piercing injury	<ul style="list-style-type: none"> <li>• Pad corners of sharp edged furniture or move to a safer place while baby is crawling</li> </ul>
<b>8. Cup of coffee sitting in reach of children</b>	Scald	<ul style="list-style-type: none"> <li>• Never leave hot drinks in reach of young children</li> <li>• Never nurse a young child whilst drinking a hot drink</li> </ul>
<b>9. Tablets in handbag in easy reach on table</b>	Poisoning	<ul style="list-style-type: none"> <li>• Place handbag up high and out of reach</li> </ul>
<b>10. Crumpled mat</b>	Fall	<ul style="list-style-type: none"> <li>• Identify tripping hazards and put them away</li> <li>• Secure mat to the floor using rug grip</li> </ul>
<b>12. Humidifier/vaporiser in easy reach on floor</b>	Poisoning Burn	<ul style="list-style-type: none"> <li>• Place humidifier/vaporisers out of reach of children</li> <li>• Use only steam – not eucalyptus or other essential oils</li> </ul>
<b>13. Bookcase - potential climbing aid up to window</b>	Fall Tipover	<ul style="list-style-type: none"> <li>• Move bookcase away from window</li> <li>• Secure book cases, TV and other furniture to wall</li> </ul>



## Spot the Hazard – Outside/Backyard

Hazard	Injury	Solutions
<b>1. No gate between backyard and driveway</b>  <b>AND</b> <b>2. Both parents supervising car movements, not children</b>	Multiple crash injuries in vehicle runovers	<ul style="list-style-type: none"> <li>• Create a safe, fenced play area for children away from the driveway and road</li> <li>• When a car is moving hold your children close to you away from the driveway</li> <li>• Keep parked cars locked so children cannot enter unsupervised</li> </ul>
<b>3. Unsupervised toddler near fish pond</b>	Drowning	<ul style="list-style-type: none"> <li>• Cover fish pond with firm mesh above water height</li> </ul>
<b>4. Two children on trampoline with exposed springs</b>	Fall Multiple injuries	<ul style="list-style-type: none"> <li>• Choose a trampoline with a net and no springs</li> <li>• Sink trampoline into ground</li> <li>• Cover springs with protective pads</li> <li>• Enforce the rule – one child at a time</li> <li>• Have children taught how to use trampoline safely</li> </ul>
<b>5. Trampoline positioned under low branch</b>	Cutting/piercing injuries	<ul style="list-style-type: none"> <li>• Reposition trampoline</li> <li>• Cut low branches or possibly remove tree (leaning over a long way)</li> </ul>
<b>6. Dogs fighting in back corner of yard – young children</b>	Dog bite	<ul style="list-style-type: none"> <li>• Always supervise young children near dogs</li> <li>• Wait until all your children are school aged before buying a dog</li> <li>• Ask the vet or RSPCA for advise on the breed of dog that is suitable for young family and your home</li> </ul>
<b>7. Garden hose across backyard</b>	Slip/trip/fall	<ul style="list-style-type: none"> <li>• Store hose safely when not in use</li> </ul>
<b>8. Garden tools left out in backyard</b>	Cutting/piercing injuries	<ul style="list-style-type: none"> <li>• Store garden tools safely in locked garden shed when not in use</li> </ul>
<b>9. Garden shed open</b>	Head injury Cutting / piercing injuries Poisoning Burns	<ul style="list-style-type: none"> <li>• Store garden chemicals and tools in a locked garden shed</li> <li>• Choose chemicals in containers with child-resistant lids</li> <li>• Keep petrol and flammable liquids in original containers and in a locked garden shed</li> </ul>
<b>10. No hats on children</b>	Burns	<ul style="list-style-type: none"> <li>• Always dress children in a hat, long sleeves and sunscreen for play outside</li> <li>• Avoid direct exposure to the sun between 10am and 2pm (or 11am and 3pm daylight saving time)</li> </ul>
<b>11. Potentially poisonous plant in backyard</b>	Poisoning	<ul style="list-style-type: none"> <li>• Check out what plants might be poisonous in the backyard and remove or place a barrier around them</li> <li>• If unsure take cuttings to plants to local nursery for identification</li> </ul>
<b>12. Small plant near fork with sharp branches</b>	Cutting/piercing injuries	<ul style="list-style-type: none"> <li>• Remove plant</li> <li>• Place a guard around plant</li> </ul>
<p><b>Safe behaviours in the backyard</b>            Always supervise young children at play in the backyard            Always supervise young children near moving vehicles and water            Always check around vehicles prior to moving them</p>		

## Spot the Hazard – Laundry

Hazard	Injury	Solutions
<b>1. Hot iron on ironing board unattended</b>	Burn Strangulation on cord	<ul style="list-style-type: none"> <li>• Never leave a hot iron unattended</li> <li>• Use a cordless iron or a cord curler</li> <li>• Separate the child from the hazardous area by putting the ironing board inside the playpen</li> <li>• Iron when the baby is asleep or supervised elsewhere</li> </ul>
<b>2. Cleaning spays in basket in easy reach of child</b>	Poisoning Eye injury	<ul style="list-style-type: none"> <li>• Store cleaners and chemicals up high and out of children's reach preferably in a cupboard with a child-resistant lock</li> <li>• Always return chemicals to that safe place directly after each use</li> <li>• Choose cleaning products that are less toxic</li> <li>• Choose cleaning products in containers with child-resistant lids</li> </ul>
<b>AND</b>		
<b>3. Chemicals in easy reach under sink</b>		<ul style="list-style-type: none"> <li>• Store cleaners and chemicals up high and out of children's reach preferably in a cupboard with a child-resistant lock</li> <li>• Always return chemicals to that safe place directly after each use</li> <li>• Choose cleaning products that are less toxic</li> <li>• Choose cleaning products in containers with child-resistant lids</li> </ul>
<b>4. Full nappy bucket on floor and mop bucket in corner</b>	Drowning	<ul style="list-style-type: none"> <li>• Place lid firmly on nappy bucket and store all buckets in laundry tub or out of children's reach</li> <li>• Do not leave water in mop bucket, empty immediately after mopping</li> </ul>
<b>5. Front loading washing machine in easy reach</b>	Drowning Multiple injuries	<ul style="list-style-type: none"> <li>• Ensure that machine has automatic cut off switch when door opened</li> <li>• Install child-resistant lock on front loader washing machine and clothes dryer</li> <li>• Keep door to laundry closed at all times</li> </ul>
<b>6. Dog eating near children playing</b>	Dog bite Choking on food Drowning in dog's water bowl	<ul style="list-style-type: none"> <li>• Always supervise children around dogs especially when dogs are being fed</li> <li>• Feed and water dog in a separate area to babies and toddlers</li> </ul>
<b>7. Low sink with hot tap in reach of older child</b>	Scald	<ul style="list-style-type: none"> <li>• Control hot water temperature to 50 degrees C – see a plumber.</li> <li>• Restrict children's access to tap using a tap cover</li> </ul>
		<p><b>Safe behaviours in the laundry</b> Never leave children unsupervised in the laundry Always keep door locked when not in use</p>

## Spot the Hazard – Bathroom

Hazard	Injury	Solutions
1. Preschooler turning on hot tap	Scald	<ul style="list-style-type: none"> <li>Control hot water temperature to 50 degrees C – talk to a plumber</li> <li>Restrict access to hot tap – tap covers, safety tap. Turn tap off tightly.</li> <li>When running the bath always run the cold water first then the hot. Turn the hot off first and the cold last.</li> </ul>
2. Medicines in easy reach under sink	Poisoning	<ul style="list-style-type: none"> <li>Store medicines up high and out of reach in a cupboard with a child-resistant lock</li> <li>Ask for pharmacy medicines in containers with child-resistant lids</li> <li>Dispose of old or unused medicines on a regular basis – ask your pharmacist for advice</li> </ul>
3. Strip heater on floor in easy reach of child	Burn Fall Electrocution Fire	<ul style="list-style-type: none"> <li>Attach heater up high on wall out of children’s reach</li> <li>Relocate plug high up on wall</li> <li>Install electrical safety switch – talk to an electrician</li> </ul>
4. Water spilt on floor	Fall	<ul style="list-style-type: none"> <li>Mop up spills as soon as they occur</li> <li>Use non-slip mats</li> <li>When renovating, consider non-slip surfaces or paint tiles with non-slip paint</li> </ul>
5. Hairdryer sitting on sink	Burn Electrocution	<ul style="list-style-type: none"> <li>Don’t store electrical appliances in bathroom</li> <li>Get into the habit of using the hairdryer or straightener in another room</li> <li>Install an electrical safety switch – talk to an electrician</li> </ul>
6. Chemical cleaner on floor beside toilet	Poisoning Burns	<ul style="list-style-type: none"> <li>Store cleaners and chemical up high and out of reach, preferably in a cupboard with a child-resistant lock</li> <li>Choose cleaners and other chemicals in containers with child-resistant lids</li> </ul>
7. Telephone ringing in hallway	Drowning Scald Fall	<ul style="list-style-type: none"> <li>Ignore ringing telephones</li> <li>Turn on answering machine prior to bathing children</li> <li>Take children with you if you leave the bathroom</li> <li>Always keep babies and toddlers within arm’s reach around water</li> </ul>
8. Double adaptor in power point	Fire	<ul style="list-style-type: none"> <li>Use only one appliance at a time in power points</li> <li>When powerpoint not in use plug in a baby safety plug</li> </ul> <p><b>Safe behaviours in the bathroom</b> Never leave children under four years alone in the bathroom Always close the door to the bathroom and toilet when not in use When bath is finished, always empty bath immediately and place plug up high and out of reach</p>